

What to Bring to Camp Manito-wish YMCA

Temperatures in the Spring and Fall are very unpredictable. Your time with us will be spent outside, so make sure to come prepared. We recommend comfortable outdoor clothing that you don't mind getting wet or dirty. Camp Manito-wish does not provide any bedding (sheets or blankets) or linens.

Clothing

Rainsuit—tops and bottoms
Hat with brim
Long pants
Shorts
Shirts
Warm sweater or fleece jacket
Underwear
Socks
Gloves and hat
Swim suit (for lake)
Sneakers or walking shoes—not sandals, you will be running around
Wet shoes--your group may canoe on Boulder Lake and you will need shoes you can get wet.

Bedding and Towels

Bath towel
Facecloth
Pillow
Top sheet, bottom sheet, and blankets OR
Sleeping Bag

Other

Toiletries and personal hygiene supplies
Sunglasses
Flashlight (optional)
Sunscreen, SPF 15 minimum
Bug repellent (optional)
Journal (optional)
Camera (optional)
Book (optional)

LAYERING:

Layering means wearing numerous items of thinner clothing rather than one heavy item. Layering traps more air, keeping you warmer. Layering also allows you to adapt your clothing to the variety of weather conditions you may experience. Start with thinner, tighter layers near the skin, and move to heavier, looser layers away from the body. Top it off with a windbreaker and/or windpants and you have an excellent clothing system.

WET SHOES:

During canoeing your feet will get wet. An old pair of sneakers or walking shoes makes excellent wet shoes.

***** BE SURE TO LABEL ALL BELONGINGS *****